



## **Briefing: engagement of children and young people in CCG work**

### **a. CYP Mental Health**

Participation and engagement of children, young people and parents/ carers is a theme strongly promoted through the development of the Local Transformation Plan (LTP) and reflects the principles of the Children and Young People's Improving Access to Psychological Therapies (CYP IAPT) programme. A case study demonstrating how this has happened is shared below. The CCG intends to work with a local voluntary sector organisation, Speak Out, to ensure the LTP is accessible to people with a learning disability. All individual needs and requirements to be able to read and understand the LTP can be met on request to the CCG.

Young volunteers at Right Here are also working on a film to explain to people how to access mental health services and what to expect.

The CCG has followed clear consultation and engagement processes throughout the period of transformational change. This includes:

- a) All previous feedback in the last three years from a variety of organisations and agencies including Healthwatch<sup>1</sup>, Parent and Carers Council<sup>2</sup>, AMAZE<sup>3</sup>, Right Here project<sup>4</sup>, Special Educational Needs and Disabilities Review<sup>5</sup>, Autism Scrutiny Report<sup>6</sup> and Local Safeguarding Board multi-agency audit in December 2014<sup>7</sup>
- b) Parent/ carer and young people representation on the Joint Strategic Needs Assessment working group (February-November 2015);
- c) The Joint Strategic Needs Assessment process (February-November 2015) has ensured the 'voice' of a range of stakeholders such as Children and young people, Youth Council, Schools, Colleges, Universities, providers, parents, carers;
- d) Young people and families consulted and part of the whole system re-design process with a whole system workshop June 2015 and May 2016;
- e) Parent/ carer consultation in autism review and subsequent service re-design (2016/17);
- f) Consultation and involvement of children, young people, parents and carers in the procurement of the Community Wellbeing Service (March – November 2016);
- g) Pupil 'voice' in the development of the Schools Wellbeing Service (2016/17);
- h) Young people and families with recent experience of Tier CAMHS involved in the redesign process of the Specialist Community Mental Health Service (January 2017);
- i) Right Here volunteers producing young people-friendly versions of the LTP and JSNA for the FindGetGive website; and

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<sup>1</sup> [https://www.whatdotheyknow.com/request/healthwatch\\_brighton\\_hove\\_camhs](https://www.whatdotheyknow.com/request/healthwatch_brighton_hove_camhs)

<sup>2</sup> <http://paccbrighton.org.uk/wp-content/uploads/2013/03/Mental-Health-and-Wellbeing-views-from-parent-carers-of-disabled-children-2014-PaCC-website.pdf>

<sup>3</sup> <http://amazebrighton.org.uk/events/mental-health-wellbeing-discussion-group/>

<sup>4</sup> <http://right-here-brightonandhove.org.uk/research/>

<sup>5</sup> [http://present.brighton-hove.gov.uk/Published/C00000874/M00005597/AI00044015/\\$20150126165031\\_007091\\_0028782\\_finaldraftSENDreviewfullreport.docxA.ps.pdf](http://present.brighton-hove.gov.uk/Published/C00000874/M00005597/AI00044015/$20150126165031_007091_0028782_finaldraftSENDreviewfullreport.docxA.ps.pdf)

<sup>6</sup> <http://www.brighton-hove.gov.uk/sites/brighton-hove.gov.uk/files/Draft%20report%20for%20Services%20for%20children%20with%20autism%20final%20April%202014.pdf>

<sup>7</sup> <http://www.brightonandhovelscb.org.uk/wp-content/uploads/FINAL-Annual-Report-13-14.pdf>



- j) Planned co-production of neuro-developmental pathway with parents/ cares in September and October 2017.

*Case study: Right here volunteers – young people-friendly documents*

YMCA Right Here project has been working with young volunteers to redesign the Brighton and Hove Joint Strategic Needs Assessment (JSNA) and the Local Transformation Plan so that the documents are more accessible, relevant and understandable for other young people in the City.

Young people have done the following:

Held a workshop to ascertain what were the most relevant aspects of the documents that needed to be communicated to young people;

Work groups made prototypes of posters, booklets and websites to share the most important messages, in the most effective way;

The volunteers will present the results to commissioners in March 2018; and

The prototypes will be worked up and disseminated across the City in 2018/19

There is an aspiration to involve young people in the commissioning cycle in a more formal way in the future. This would be through direct involvement in specifying a service and monitoring its impact and success. The CCG has a strong young people's `voice` within the City and wishes to continue to work more formally to achieve this aim.

**b. Neuro-developmental service improvement**

As part of the development of the business case for improving the children's neuro-developmental pathway, the CCG has engaged with Brighton and Hove families caring for children with these complex issues.

This has included representation on the steering group whose responsibility was to develop the model and pathway, as well as a parent/ carer focus group in September 2017. There were 15 parents/ carers present who represented different needs and situations, the results of which was fed into the steering group and has influenced the ongoing development of the pathway.

**c. Engagement in Diabetes care :**

Diabetes remains as a good example of involvement of CYP & families with regular events and a strong local focus group. This has been hugely influenced by the Best Practice Tariff available for Paediatric Diabetes that has clear criteria around engagement and involvement of CYP & families. This has enabled the CCG commissioner to hold the provider to account over their level of engagement. This has also contributed to better outcomes for CYP as we've seen steady improvement in average HbA1c levels over recent years.

#### **d. Integrated disability service**

Seaside View / SCFT children's integrated disability service have run focus groups on areas where there was identified need, for example a parent group for children with Downs Syndrome to review the pathway and co-produce necessary changes. In all SSV service specifications they are required to apply the Friend and Family Test, and in addition a minimum of 2 other CYP / family focused activities per year.

#### **e. Joint work on SEND in partnership with the Local Authority**

The CCG largely depends on the LA infrastructure for CYP engagement, through the dedicated Children's Services department, and there also jointly commissioned contracts for engagement of Parent Carers. Parent Carers, through the Parent and Carers' Council (through Amaze), are represented on a number of joint committees and working groups that oversee and work on issues related to SEND.

#### **f. Joint paediatric pilot**

This pilot gathers feedback from CYP and families involved, in the form of a satisfaction survey.

#### **g. CCG Engagement contracts**

The CCG commissions a number of VCS organisations to enable engagement with groups and communities who benefit from intermediaries as liaison points. These groups are generally those who are marginalised and may be disadvantaged in terms of access to and receipt of health and care services.

The CCG funds YMCA Downlink to reach and hear from young people aged 16-25; from 2013-2017 this had a focus on young men, and has recently broadened to include all young people in this age group.

Consultation topics have included:

- Medicines
- Cancer- focus on testicular cancer
- Influence of nightclub promotions
- Care of young trans people in hospital
- Complaints and feedback

Most recently, a workshop was held with a group of about 25 young people on "the future of the NHS".

In addition, the CCG commissions Mind in Brighton and Hove as a lead partner, working with YMCA Downlink, to engage with mental health service users of all ages.

#### **h. Young People Champions in Hangleton and Knoll**

The CCG has funded a cohort of young people in Hangleton and Knoll as part of the ongoing Health Champions work. This focuses on young people who are disadvantaged and, through support from the youth workers in the area, has developed confidence and enabled these young people to work on identified projects related to health and wellbeing. For example, work on bullying led to an anti bullying pack being co designed with the YP champions, and rolled out to schools across the city. The YP champions also made a film, and went into schools to talk about this work.

The YP Champions now liaise with the older Health Champions in the area, and feed into the Hangleton and Knoll Health forum.

This work has engaged young people who would not otherwise have had this opportunity, increased their skills and confidence and has supported them to contribute to agendas touching on health and wellbeing in its widest context, and in turn engaging wider groups of children and young people.